

A sensations sampler.

Just a few. All the ones you name are right, too.



Commonplace

Tender Sore
Sensitive Tense
Bruised Tight
Achy Nauseous
Fullness Buzzy



Moving

Shaky Queasy
Trembly Wobbly
Throbbing Bubbly
Pounding Dizzy
Fluttery Spacey
Shivery Breathless



Nerve-y

Prickly Burning
Electric Radiating
Tingling Referring
Nervy Buzzy
Twitchy Itchy



Ugh, Blah & Stabby

Wooden Heavy
Congested Suffocated
Dull Cold
Dense Numb
Frozen Closed
Icy Dark
Disconnected Hollow
Thick Empty
Blocked Hot
Clenched Knotted



Calm, Pleasant

Calm
Energized
Smooth
Streaming
Warm
Cool



Relaxed
Open
Light
Spacious
Airy
Releasing
Expanded

Expansive
Flowing
Floating
Fluid
Draining